LOOPS

Review

Great job! In this lesson, we learned how to write cleaner code with loops. You now know:

- Loops perform repetitive actions so we don't have to code that process manually every time.
- How to write `for` loops with an iterator variable that increments or decrements
- How to use a `for` loop to iterate through an array
- A nested `for` loop is a loop inside another loop
- `while` loops allow for different types of stopping conditions
- Stopping conditions are crucial for avoiding infinite loops.
- `do...while` loops run code at least once— only checking the stopping condition after the first execution
- The `break` keyword allows programs to leave a loop during the execution of its block